GRAB 'N GO BREAKFAST! Join us in the Cafeteria daily Starting at 8:40am. Sarah Dyer, School Nutrition Director - 321-1033 All choices include Fruit & Milk 3 Choices Daily View student accounts at www.vicksburg.familyportal.cloud *Menu subject to change **Daily Choices Tuesday** Wednesday Thursday Monday Friday MONDAY: Pancake on a Stick 3 5 6 **TUESDAY: Mozzarella Sticks Muffin Funday** Bagel w/Cream **Taco Tuesday** Mini Pancakes **Chicken Tenders** Cheese w/ Marinara Sauce Two Tacos (Beef. Cheese. Lunchable **French Fries** Yogurt Lettuce & Tomato) WEDNESDAY: Garden Greens (Muffin, Yogurt, String Mixed Fruit Cup Cucumbers **Refried Beans** Cereal Cheese, Carrots Clementine Pear Cup Banana and Apple) THURSDAY: **Cinnamon Roll** Whole-Grain Goodness 10 11 12 13 FRIDAY: Eggoji Waffles Soft Pretzel w/ Hot Ham & Cheese **Fruity Smoothie Corn Dog Cheese Dip** Sandwich Chicken Sandwich String Cheese **Baked Beans Fresh Carrots** Garden Greens **Smiley Potatoes** Mixed Fruit Cup Fresh Veggie Cup **Tropical Fruit** Banana Clementine **Rosy Applesauce** Single Student Breakfast: Free Single Student Lunch: Free Cheese Pizza. PB & | Sandwich What's for breakfast on really cold days in February? Frosted Snowflakes **Apples & Carrots OFFERED DAILY** What is a ghost's favorite month? Feb BOO uary 2nd Carton of Milk & 8oz. Bottled Water \$1.00 EACH What do blueberries say on Valentine's Day? I love you Berry Much Chocolate, 1% and Fat-Free White Milk **OFFERED DAILY** Which is the slowest, heat or cold? Cold is slower—because you can catch it.

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*Menu subject to change. Monday	Tuesday	Wednesday	Thursday	Friday	Fruit & Milk 3 Choices Daily Daily Choices
7 Boscos w/ Marinara Sauce Corn Fruit Icee	18 Taco Stick Chips w/ Black Bean Salsa Peach Cup	19 Popcorn Chicken Cheesy Broccoli Strawberry Shortcake	20 French Toast Sausage Hash Brown Diced Pears	21 Hot Dog Fresh Veggie Cup Clementine	MONDAY: Pancake on a Stick TUESDA Bagel w/Crea Chees WEDNESDAY: Cereal THURSDA Cinnamon Ro
Grilled Cheese Smiley Potatoes Peach Cup	25 Walking Taco (Fritos, Beef, Cheese, Lettuce & Tomatoes) Refried Beans Cinnamon Baked Apples	26 Rotini Pasta w/ Meat Sauce Garlic Bread Garden Greens Mixed Fruit Cup	27 Dutch Waffle String Cheese PB Crunchers Banana	28 NO SCHOOL Mid Winter Break Enjoy Your Weekend)	Whole-Grain Goodne FRIDAY: Fruity Smoothie Single Student Breakfast: Free Single Student Lunch: Free Cheese Pizza . PB & J Sandwich
February is American Keep Moving—play, play, play outside and limit your screen time. Go Grocery Shopping together as a family to pick out colorful fruit and vegetables. Take those items home and make dinner together.					Apples & J Sandwich Apples & Carrots OFFERED DAILY 2nd Carton of Milk & 8oz. Bottled Water \$1.00 EACH Chocolate, 1% and Fat-Free White Milk OFFERED DAILY