









October 2024

Sarah Dyer, School Nutrition Director (Telephone: 321-1033)



Daily Meal Choice

*Menu subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
SEPT 30 Bosco Sticks w/ Marinara Corn Fruit Icee	1 Taco Pizza Chips w/ Black Bean Salsa Mixed Fruit Cup	2 Popcorn Chicken Cheesy Broccoli Strawberry Shortcake 	3 Eggo Chocolate Chip-French Toast Sausage Links Hash Browns Banana	4 Hot Dog Fresh Veggie Cup Grapes
7 Grilled Cheese Green Beans Pear Cup 	8 Walking Taco (Fritos, Beef, Cheese, Lettuce & Tomatoes) Refried Beans Cinnamon Baked Apples	9 Rotini Pasta w/ Meat Sauce Garlic Toast Garden Greens Berry Cup	10 Dutch Waffle String Cheese Cucumbers Apple	11 1/2 Day Corn Dog French Fries Banana 
 National School Lunch Week!! October 14 – 18, 2024 				
14 Hamburger / Cheeseburger Baked Beans Rosy Applesauce	15 Nachos (Chips, Beef, Cheese, Tomatoes & Salsa) Garden Greens Melon Cup	16 Macaroni & Cheese Fresh Veggie Cup Grapes 	17 Mini Pancakes Yogurt PB Crunchers Strawberry Cup	18 Chicken Nuggets Tater Tots Mixed Fruit Cup

GRAB 'N GO BREAKFAST!

Join us in the Cafeteria daily
 Starting at 8:40am
 All choices include Fruit & Milk
 3 Choices Daily

October Daily Choices

- MONDAY:**
 Pancake on a Stick
- TUESDAY:**
 Bagel w/ Cream Cheese
- WEDNESDAY:**
 Cereal
- THURSDAY:**
 Cinnamon Roll
 Wholegrain Goodness!
- FRIDAY:**
 Fruity Smoothie

Single Student Breakfast: Free

Single Student Lunch: Free

Pizza, PB & J Sandwich & Crunchy Carrots OFFERED DAILY

2nd Carton of Milk & 8oz. Bottled Water \$1.00 EACH

Chocolate, 1% and FF White Milk OFFERED DAILY



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21 Muffin Funday Lunchable (Muffin, String Cheese, Yogurt, Carrots and Apple) 	22 Taco Tuesday Two Tacos (Beef, Cheese, Lettuce, & Tomatoes) Refried Beans Mixed Berry Cup 	23 Mozzarella Sticks w/ Marinara Sauce Green Beans Peach Cup No Bake Cookie 	24 Mac & Cheese Bites Garden Greens Dried Cranberries 	25 Chicken Tenders French Fries Fruit Cup 
28 Sloppy Joe Sandwich Cheesy Broccoli Applesauce  	29 Taco Stick Chips w/ Black Bean Salsa Pear 	30 Chicken Sandwich Smiley Potatoes Peaches & Cream 	31  Soft Pretzel w/ Cheese Dip Fresh Veggie Cup Halloween Icee 	NOV 1 No School Record's Day Enjoy Your Weekend!

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View Student Accounts at www.vicksburg.familyportal.cloud

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This institution is an equal opportunity provider