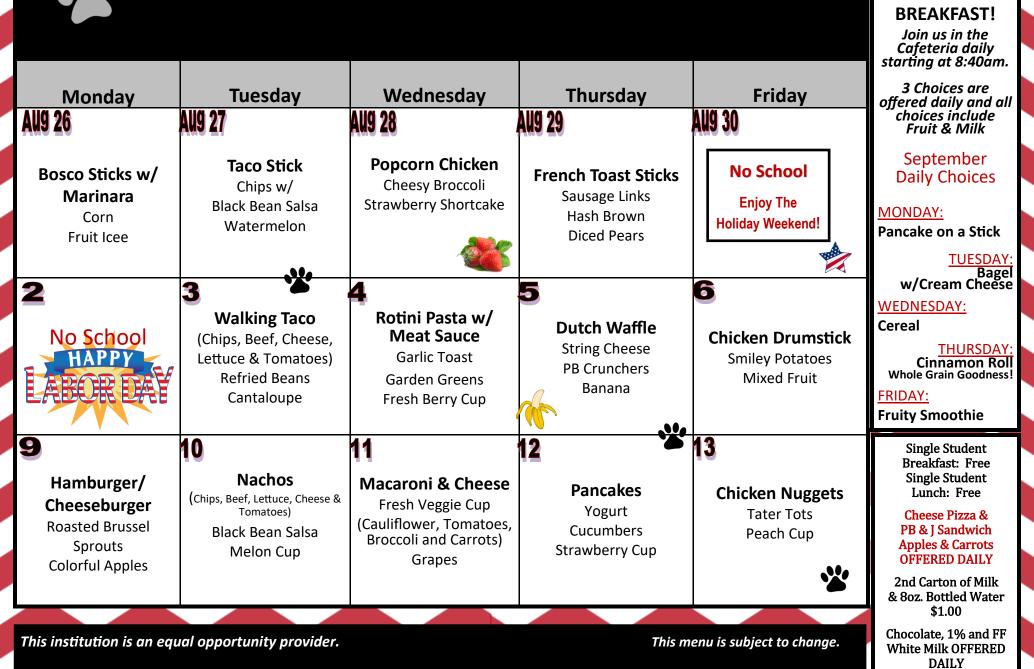
Sarah Dyer, School Nutrition Director (Telephone: 321-1033)

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Sarah Dyer, School Nutrition Director (Telephone: 321-1033)

## **Daily Meal Choices:**

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BREAKFAST! Join us in the Cafeteria daily starting at 8:40am.

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Monday	Tuesday	Wednesday	Thursday	Friday	3 Choices are offered daily and
<b>16</b> <b>Muffin Funday</b> <b>Lunchable</b> (Muffin, Yogurt, Carrots and Apple)	17 Taco Tuesday Two Tacos (Beef, Cheese, Lettuce, & Tomatoes) Refried Beans Blueberries	<b>18</b> <b>Mozzarella Sticks</b> w/ Marinara Sauce Garden Greens Melon Cup	<b>19</b> Chef Salad (Lettuce, Cheese, Diced Ham, Diced, Egg, Tomato & Cucumber) Dried Cranberries Warm Breadstick	<b>20</b> Chicken Tenders French Fries Mixed Fruit Cup	all choices include Fruit & Milk September Daily Choices <u>MONDAY:</u> Pancake on a Stick TUESDAY
23 Soft Pretzel w/ Cheese Dip Green Beans Cinnamon Apples	24 Corn Dog Baked Beans Strawberry Cup	<b>25</b> Sloppy Joe Sandwich Garden Greens Banana	26 Eggoji Waffles String Cheese Fresh Veggie Cup (Cauliflower, Tomatoes, Broccoli and Carrots) Watermelon	27 Chicken Sandwich Smiley Potatoes Peaches & Cream	WEDNESDAY: Cereal <u>THURSDAY</u> Cinnamon Ro Whole Grain Goodnes FRIDAY: Fruity Smoothie
School Lunch is Fresh, economical, and Value packed! Excellent source of vitamins A and C! Focused on low fats and rich in whole grains! Meets 1/3 of daily requirements of Fruits and Vegetables					Single Student Breakfast : Free Single Student Lunch: Free Cheese Pizza & PB & J Sandwich, Apples & Carrots OFFERED DAILY 2nd Carton of Milk & 8oz. Bottled Water \$1.00
View student accounts at www.familyportal.cloud					Chocolate, 1% and F White Milk OFFEREI

DAILY