








September 2024



Sarah Dyer, School Nutrition Director (Telephone: 321-1033)

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|---|
| AUG 26 Bosco Sticks w/ Marinara Corn Fruit Icee | AUG 27 Taco Stick Chips w/ Black Bean Salsa Watermelon | AUG 28 Popcorn Chicken Cheesy Broccoli Strawberry Shortcake  | AUG 29 French Toast Sticks Sausage Links Hash Brown Diced Pears | AUG 30 <div style="border: 1px solid black; padding: 5px; text-align: center;"> No School Enjoy The Holiday Weekend! </div>  |
| 2 No School  | 3  Walking Taco (Chips, Beef, Cheese, Lettuce & Tomatoes) Refried Beans Cantaloupe | 4 Rotini Pasta w/ Meat Sauce Garlic Toast Garden Greens Fresh Berry Cup | 5 Dutch Waffle String Cheese PB Crunchers Banana  | 6 Chicken Drumstick Smiley Potatoes Mixed Fruit |
| 9 Hamburger/ Cheeseburger Roasted Brussel Sprouts Colorful Apples | 10 Nachos (Chips, Beef, Lettuce, Cheese & Tomatoes) Black Bean Salsa Melon Cup | 11 Macaroni & Cheese Fresh Veggie Cup (Cauliflower, Tomatoes, Broccoli and Carrots) Grapes | 12 Pancakes Yogurt Cucumbers Strawberry Cup | 13  Chicken Nuggets Tater Tots Peach Cup  |

BREAKFAST!
 Join us in the Cafeteria daily starting at 8:40am.

3 Choices are offered daily and all choices include Fruit & Milk

September Daily Choices

MONDAY:

Pancake on a Stick

TUESDAY:

Bagel w/Cream Cheese

WEDNESDAY:

Cereal

THURSDAY:

Cinnamon Roll Whole Grain Goodness!

FRIDAY:

Fruity Smoothie

Single Student Breakfast: Free
 Single Student Lunch: Free

Cheese Pizza & PB & J Sandwich Apples & Carrots OFFERED DAILY

2nd Carton of Milk & 8oz. Bottled Water \$1.00

Chocolate, 1% and FF White Milk OFFERED DAILY

This institution is an equal opportunity provider.

This menu is subject to change.





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Daily Meal Choices:

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|--|
| 16 Muffin Funday Lunchable (Muffin, Yogurt, Carrots and Apple) | 17 Taco Tuesday Two Tacos (Beef, Cheese, Lettuce, & Tomatoes) Refried Beans Blueberries  | 18 Mozzarella Sticks w/ Marinara Sauce Garden Greens Melon Cup | 19 Chef Salad (Lettuce, Cheese, Diced Ham, Diced, Egg, Tomato & Cucumber) Dried Cranberries Warm Breadstick | 20 Chicken Tenders French Fries Mixed Fruit Cup |
| 23 Soft Pretzel w/ Cheese Dip Green Beans Cinnamon Apples | 24  Corn Dog Baked Beans Strawberry Cup | 25 Sloppy Joe Sandwich Garden Greens Banana | 26 Eggoji Waffles String Cheese Fresh Veggie Cup (Cauliflower, Tomatoes, Broccoli and Carrots) Watermelon | 27 Chicken Sandwich Smiley Potatoes Peaches & Cream |

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School Lunch is...

-  Fresh, economical, and Value packed!
- Excellent source of Vitamins A and C!
- Focused on low fats and rich in whole grains!
-  Meets 1/3 of daily requirements of Fruits and Vegetables



View student accounts at www.familyportal.cloud

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Single Student Lunch: Free

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Chocolate, 1% and FF White Milk OFFERED DAILY